







elmwood franklin school

Lunch Menu April 8-12, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	BBQ Pulled Chicken Sandwich Corn Mashed Potatoes	Soft Tacos Refried Beans Cilantro-Lime Rice	Stuffed Shells Sweet Peas Garlic Butter Breadsticks	Buffalo Chicken Wrap Green Bean Casserole Tater Tots	Chicken Tenders Apple Sauce Brown Rice
	Lemon Basil Pasta	Veggie Burrito	Wheat Penne with Red Sauce	Black Bean and Corn Burrito	Southwest Tilapia
	Ham and Swiss on Marble Rye <i>Made-to-Order Deli</i>	Toasted Cuban on Sourdough <i>Made-to-Order Deli</i>	Tuna Salad Sandwich <i>Made-to-Order Deli</i>	Grilled Cheese <i>Made-to-Order Deli</i>	Roasted Red Pepper Hummus Wrap <i>Made-to-Order Deli</i>
	Beef Noodle Fresh Fruit Salad Bar	Mexican Vegetable Fresh Fruit Salad Bar	Italian Wedding Fresh Fruit Salad Bar	Tomato Fresh Fruit Salad Bar	Broccoli Cheddar Fresh Fruit Salad Bar
Mid-Morning Snack	US: Apple Jacks Prep & LS: Rice Chex	US: English Muffins LS: Whole Grain Muffins	Cheese Sticks and Crackers	US: Carrots with Ranch Prep & LS: Carrots with Hummus	Yogurt with Fruit

Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten and eggs. Please check with management before consuming any products if you have any sensitivity or allergy to any of these food items.



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Lunch Menu April 15-19, 2019





	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Parmesan Mixed Vegetables Garlic Mashed Potatoes	Citrus Pork Tacos Roasted Cauliflower Fiesta Rice	Roast Beef on Weck Roasted Zucchini Sweet Potatoes	Macaroni and Cheese Broccoli Tater Tots	Veggie Flatbread Pizza Sweet Peas Brown Rice
	Wheat Pasta Primavera	Southwest Salad with Cilantro-Lime Vinaigrette	Lemon Pepper Tilapia	Black Bean Burger	Marinated Grilled Chicken
	Turkey and Provolone with Spinach on Focaccia <i>Made-to-Order Deli</i>	Loaded Hummus Wrap <i>Made-to-Order Deli</i>	Roasted Vegetable Wrap <i>Made-to-Order Deli</i>	Ham and Cheddar Sandwich <i>Made-to-Order Deli</i>	Roast Beef and Swiss on Multi Grain Ciabatta <i>Made-to-Order Deli</i>
	Tomato Basil Salad Bar Fresh Fruit	Chicken Tortilla Salad Bar Fresh Fruit	Corn Chowder Salad Bar Fresh Fruit	Chili Salad Bar Fresh Fruit	French Onion Salad Bar Fresh Fruit
Mid-Morning Snack	Goldfish Crackers	Bananas	Soft Pretzels	Fruit with Graham Crackers	Bean and Veggie Crackers

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Lunch Menu April 22-26, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chinese Orange Chicken Stir-Fry Vegetable Jasmine Rice	Philly Cheesesteak California Vegetables Roasted Sweet Potatoes	Spaghetti and Meatballs Sweet Peas Parmesan Breadsticks	Bruschetta Chicken Roasted Vegetables Brown Rice	Pepperoni Pizza Corn Red Potatoes
	Vegetable Spring Rolls	Black Bean Burger	Marinated Portobello	Southwest Tilapia	Turkey Burger
	Chicken Salad Pita Made-to-Order Deli	Tuna in the Grass Wrap <i>Made-to-Order Deli</i>	Turkey Club <i>Made-to-Order Deli</i>	Ham and Salami on Focaccia <i>Made-to-Order Deli</i>	Egg Salad Wrap <i>Made-to-Order Deli</i>
	Oriental Vegetable Salad Bar Fresh Fruit	Chicken Noodle Salad Bar Fresh Fruit	Italian Wedding Salad Bar Fresh Fruit	Loaded Potato Salad Bar Fresh Fruit	Garden Vegetable Salad Bar Fresh Fruit
Mid-Morning Snack	Carrots and Sunbutter	Vanilla Yogurt with Graham Crackers	Animal Crackers	Whole Grain Muffins	US: Sun Chips LS: Goldfish Crackers

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Lunch Menu April 29-May 3, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheeseburger Broccoli Tater Tots	Chicken Quesadilla Roasted Corn Nachos and Salsa	Roasted Pork Loin Brussel Sprouts Scalloped Potatoes	Pot Roast Glazed Carrots Mashed Potatoes	Chicken Alfredo Mix Vegetables Whole Grain Garlic Butter Breadsticks
	Falafel Pita	Seasoned Fish Taco	Tabouli Hummus Wrap	Caesar Salad	Lemon Basil Pasta
	Italian Assorted on Multigrain Ciabatta <i>Made-to-Order Deli</i>	Ham and Swiss on Rye <i>Made-to-Order Deli</i>	Chicken Caesar Wrap <i>Made-to-Order Deli</i>	Chicken Salad Pita <i>Made-to-Order Deli</i>	BLT Wrap <i>Made-to-Order Deli</i>
	Buffalo Chicken Wing Salad Bar Fresh Fruit	Tomato Basil Salad Bar Fresh Fruit	Minestrone Salad Bar Fresh Fruit	French Onion Salad Bar Fresh Fruit	Cream of Mushroom Salad Bar Fresh Fruit
Mid-Morning Snack	Pretzel Rods with Cheese Sticks	Rice Chex	US: Carrots with Ranch Prep & LS: Carrots with Hummus	Cinnamon Raisin Bagels	Goldfish Crackers

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