







# elmwood franklin school

## Lunch Menu March 4-8, 2019





	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Patty  Mixed Vegetables Tater Tots	Mexican Fiesta Rice Bowl with Beef  Roasted Corn Spanish Rice	Meatball Bomber  Broccoli Brown Rice	Buffalo Chicken Pizza  Vegetable Medley Au gratin Potatoes	Three Cheese Chicken Alfredo  Roasted Vegetables Parmesan Garlic Bread
	Portobello Mushroom Wrap	Black Bean and Corn Burrito	Wheat Penne with Red Sauce	Pan Seared Tilapia with Lime Red Sauce	Caesar Salad
	Ham and Swiss on Whole Grain Ciabatta  <i>Made-to-Order Deli</i>	Roasted Veggie Wrap  <i>Made-to-Order Deli</i>	Turkey and Swiss with Avocado Aoli on Marble Rye  <i>Made-to-Order Deli</i>	Tuna and Cheddar on Sourdough  <i>Made-to-Order Deli</i>	Roasted Red Pepper Hummus Wrap  <i>Made-to-Order Deli</i>
	Broccoli Cheddar  Fresh Fruit Salad Bar	Mexican Vegetable  Fresh Fruit Salad Bar	Garden Vegetable  Fresh Fruit Salad Bar	French Onion  Fresh Fruit Salad Bar	Italian Wedding  Fresh Fruit Salad Bar
<b>Mid-Morning Snack</b>	US: Apple Jacks Prep & LS: Rice Chex	US: English Muffins LS: Whole Grain Muffins	Cheese Sticks and Crackers	US: Carrots with Ranch Prep & LS: Carrots with Hummus	Yogurt with Fruit

*Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten and eggs. Please check with management before consuming any products if you have any sensitivity or allergy to any of these food items.*



# elmwood franklin school

## Lunch Menu March 11-15, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	Marinated Chicken with Roasted Red Peppers and Spinach  Roasted Zucchini Greek Potatoes	Chicken and Cheese Enchiladas  Mexican Style Corn Nachos and Salsa	<b>SCHOOL CLOSED</b>	Roasted Pork Loin  Brussel Sprouts Roasted Sweet Potatoes	Cheeseburger  Roasted Cauliflower Tater Tots
	Falafel Pita	Veggie Burrito	Parent/Teacher Conferences	Black Bean Burger	Lemon Pepper Tilapia
	Tabbouleh and Hummus Wrap  <i>Made-to-Order Deli</i>	Ham and Cheddar on Marble Rye  <i>Made-to-Order Deli</i>		Chicken Salad Pita  <i>Made-to-Order Deli</i>	Caesar Wrap  <i>Made-to-Order-Deli</i>
	Tomato Basil  Salad Bar Fresh Fruit	Chicken Tortilla  Salad Bar Fresh Fruit		Cream of Mushroom  Salad Bar Fresh Fruit	Minestrone  Salad Bar Fresh Fruit
<b>Mid-Morning Snack</b>	Goldfish Crackers	Bananas		Fruit with Graham Crackers	Hartzels

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# elmwood franklin school

## Lunch Menu March 18-22, 2019





	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese Tortellini with Meat Sauce  Green Beans Parmesan Breadsticks	Chicken Quesadilla  Black Bean and Corn Cilantro Lime Rice	Philly Cheesesteak  Mixed Vegetables Roasted Red Potatoes	Spaghetti and Meatballs  Sweet Peas Parmesan Breadsticks	Mac & Cheese  Chef's Choice
	Lemon Basil Pasta	Seasoned Fish Tacos	Southwest Salad	Marinated Portobello	Cajun Tilapia
	Roast Beef and Swiss on Multigrain Ciabatta  Made-to-Order Deli	Roasted Vegetable Wrap  Made-to-Order Deli	Turkey Club on Sourdough  Made-to-Order Deli	Loaded Hummus Wrap  <i>Made-to-Order Deli</i>	Ham and Salami and Focaccia  <i>Made-to-Order Deli</i>
	Corn Chowder  Salad Bar Fresh Fruit	Vegetable Chili  Salad Bar Fresh Fruit	Tomato  Salad Bar Fresh Fruit	Italian Wedding  Salad Bar Fresh Fruit	Chef's Choice  Salad Bar Fresh Fruit
<b>Mid-Morning Snack</b>	US: Bagels LS: Pretzel Rods with Cheese Sticks	Rice Chex	Bean and Veggie Crackers	Animal Crackers	US: Sun Chips LS: Whole Wheat Cheese Crackers

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elmwood franklin school

# Lunch Menu March 25-29, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
	Spring Recess	Spring Recess	Spring Recess	Spring Recess	Spring Recess
					
					
<b>Mid-Morning Snack</b>					

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