







# elmwood franklin school

## Lunch Menu May 6-10, 2019





	Monday	Tuesday	Wednesday	Thursday	Friday
	Philly Cheesesteak  Roasted Vegetables Red Potatoes	Cheese Tortellini with Meat Sauce  Green Beans Whole Grain Dinner Roll	Fiesta Rice with Beef  Roasted Corn Nachos and Salsa	BBQ Pulled Pork Sandwich  Brussel Sprouts Roasted Sweet Potatoes	Buffalo Chicken Pizza  Broccoli Seasoned Curly Fries
	Turkey Burger	Caesar Salad	Marinated Portobello Sandwich	Lemon Basil Pasta	Southwest Tilapia
	Roasted Veggie Pita	Tuna Salad on Marble Rye	Salami and Swiss Wrap	Veggie Burrito	Ham and Cheddar
	Cheesy Potato	Chicken Noodle	French Onion	Garden Vegetable	Italian Wedding
<b>Mid-Morning Snack</b>	Carrots and Sunbutter	Animal Crackers	Cheerios	Bagels	Yogurt with Fruit

*Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten and eggs. Please check with management before consuming any products if you have any sensitivity or allergy to any of these food items.*



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## Lunch Menu May 13-17, 2019





	Monday	Tuesday	Wednesday	Thursday	Friday
	Pot Roast Glazed Carrots Mashed Potatoes	Lazy Lasagna Sweet Peas Garlic Breadsticks	Chicken Cordon Blue Broccoli Brown Rice	Soft Tacos Mexican Corn Cilantro Lime Rice	Mac and Cheese Roasted Cauliflower Tater Tots
	Black Bean Burger	Basil Pesto Pasta	Cajun Tilapia	Corn and Black Bean Burrito	Cobb Salad
	Turkey Club	Chicken Salad Wrap	Ham and Swiss Melt	Turkey in Grass Pita	Ham and Turkey on Focaccia
	Tomato	Beef Noodle	Chicken Tortilla	Tomato Basil	Butternut Squash
<b>Mid-Morning Snack</b>	Pretzel Rods & Cheese Sticks	Bananas	LS: Rice Chex US: Apple Jacks	LS: Hartzels US: Sunchips	Bean and Veggie Crackers

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## Lunch Menu May 20-24, 2019





	Monday	Tuesday	Wednesday	Thursday	Friday
	Meatball Bomber Mixed Vegetables Brown Rice	Citrus Pork Tacos Corn Refried Beans	Orange Chicken Stir-Fry Vegetables Jasmine Rice	Roasted Turkey Green Beans Stuffing	Pancakes with Fruit Topping Broccoli Sausage Links
	Tabouli Hummus Wrap	Earth & Turf Burger	Vegetable Spring Rolls	Parmesan Italian Crusted Tilapia	Vegetable Frittata
	Turkey and Swiss on Marble Rye	SunButter and Banana	Tuna and Cheddar on Sourdough	Portobello Pepper Jack Wrap	Loaded Hummus Wrap
	Chicken and Rice	Tortellini	Oriental Vegetable	Cream of Mushroom	Broccoli Cheddar
<b>Mid-Morning Snack</b>	Crackers with Cheese Sticks	Soft Pretzels	Goldfish	Cinnamon Raisin Bagels	Whole Grain Muffins

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## Lunch Menu May 27-31, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
		Spaghetti with Meatballs  Mixed Vegetables Parmesan Breadsticks	Chicken Fajitas  Seasoned Corn Spanish Rice	Cheeseburger  Brussel Sprouts Sweet Potato Fries	Beef and Broccoli  Oriental Vegetables Jasmine Rice
	<b>School Closed</b>	Black Bean Burger	Penne with Tomato Garlic Pesto Florentine	Tilapia with Lime Red Sauce	Cajun Grilled Chicken
	<b>Memorial Day</b>	Caesar Salad Pita	BLT Wrap	Italian Assorted on Multigrain Ciabatta	Roast Beef and Swiss on Sourdough
		Italian Wedding	Mexican Vegetable	Tomato Basil	Beef Noodle
<b>Mid-Morning Snack</b>		Carrots with LS: Hummus US: Ranch	Graham Crackers with Fruit	Cheerios	Cheddar Sunchips

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