



The EFS/ Nichols swim team is going strong! We are currently recruiting all interested swimmers for this upcoming season. No competitive swim experience is necessary, however your child must be able to swim a length of the pool. **Please note, the swim team is run independently from the EFS and Nichols athletic departments. Parents are responsible for transportation to and from practices and meets.**

- **Short Swim Season-** September 11- November 11

- **Flexible practices- swimmers may attend one or both**

Tuesdays & Thursdays: at Canisius College- Koessler Athletic Center

4:30pm-5:15pm 8 and under

5:15pm- 6:00pm 9/10 and 11 and older

**Practices begin Tuesday September 11**

- **Swim meets on Sundays-** six per season and a final championship meet

- **Cost-**

\$195 for one swimmer per family

\$380 for two swimmers per family

\$550 for three swimmers per family

- To register, please contact Katie Holmberg at [kholmberg@elmwoodfranklin.org](mailto:kholmberg@elmwoodfranklin.org) or 877-5035 ext 136