







# elmwood franklin school

## December 5-9 Lunch Menu

|   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|---|--|--|
|    | <b>Chicken Patty Sandwich</b><br>Mashed Potatoes<br>California Blend Vegetables | <b>Taco Rice Bowl**</b><br>Roasted Corn<br>Cilantro Lime Rice | <b>Mac and Cheese**</b><br>Sweet Peas<br>French Fries | <b>Steak and Cheese**</b><br>Roasted Vegetables<br>Chips and Salsa | <b>Orange Chicken Bowl**</b><br>Vegetable Stir Fry<br>Fried Rice |
|    | <b>Italian Herb Tilapia**</b>   | <b>Garden Vegetable Flat Bread**</b>                          | <b>Pasta Primavera**</b>                              | <b>Black Bean Burger**</b>   | <b>Broccoli Tortellini**</b>                                     |
|    | <b>Ham and Swiss on Kaiser Roll **</b>  | <b>Beef and Cheddar**</b>                                     | <b>Avocado Ranch Chicken Wrap</b>                     | <b>Hummus Wrap</b>   | <b>Tuna BLT**</b>  |
|  | <b>Garden Vegetable**</b><br>Salad Bar<br>Fresh Fruit                           | <b>Loaded Potato**</b><br>Salad Bar<br>Fresh Fruit            | <b>Chicken Gnocchi</b><br>Salad Bar<br>Fresh Fruit    | <b>Chicken Noodle</b><br>Salad Bar<br>Fresh Fruit                  | <b>Minestrone</b><br>Salad Bar<br>Fresh Fruit                    |
| <b>Mid-Morning Snack<sup>^</sup></b>  | Apple Slices and SunButter  | Apple Muffins   | Goldfish  | Graham Crackers and Cheese Sticks                                  | Benefit Bar  |

### Daily Deli Sandwich Options\*

- Roast Beef
  - Cheese
  - Sunbutter
  - Sunbutter and Jelly
  - Hummus Wrap
- \*Due to supply shortages, deli turkey is currently unavailable.*

### Daily Gluten-Free\*\* Substitution Items:

- GF Bread
- GF Pasta
- GF Pizza Crust
- GF Rice
- GF Rolls

### Salad Bar Options

- Lettuce
- Bacon Bits
- Carrot Sticks
- Croutons
- Crumbled Eggs
- Cucumbers
- Dressings
- Olives
- Pepperoncini
- Shredded Cheddar
- Tomatoes





<sup>^</sup>Snacks daily will include gluten-free (GF) and dairy-free (DF) alternatives as needed.

\*\* = GF substitution available

Note: Dairy Free can be with most meal items, please confirm with the chef manager.

*Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten, and eggs. Please check with your chef manager if you have sensitivity or allergy to any of these food items.*


**elmwood franklin school**  
**December 12-16 Lunch Menu**

|   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|---|--|---|--|--|
|    | <b>Chicken Finger Basket</b><br><br>Broccoli<br>Curly Fries | <b>Cheeseburgers**</b><br><br>Candied Carrots<br>Roasted Sweet<br>Potatoes | <b>Pulled Pork<br/>Sandwich**</b><br><br>Cole Slaw<br>Corn Bread<br>BBQ Beans | <b>Chicken Parmesan**</b><br><br>Italian Blend<br>Vegetables<br>Pasta with Red Sauce | <b>French Toast Sticks</b><br><br>Applesauce<br>Tater Tots |
|    | <b>Greek Flatbread<br/>Pizza**</b>                          | <b>Tomato Basil Pasta**</b>  | <b>Caesar Salad**</b>   | <b>Turkey Burger**</b>   | <b>Roasted Red Pepper<br/>Pesto Pasta**</b>                |
|    | <b>Turkey in the Grass**</b>                                | <b>Veggie Burrito</b>  | <b>Buffalo Chicken<br/>Sandwich**</b>   | <b>Steak in the Grass<br/>Wrap</b>   | <b>Lemon Garlic Chicken<br/>Pita</b>                       |
|  | <b>Buffalo Chicken</b><br><br>Salad Bar<br>Fresh Fruit      | <b>Italian Wedding</b><br><br>Salad Bar<br>Fresh Fruit                     | <b>Chicken Gumbo**</b><br><br>Salad Bar<br>Fresh Fruit                        | <b>French Onion**</b><br><br>Salad Bar<br>Fresh Fruit                                | <b>Beef Vegetable**</b><br><br>Salad Bar<br>Fresh Fruit    |
| <b>Mid-Morning Snack^</b>   | <b>Belly Bears</b>  | <b>Sun Chips</b>   | <b>Apple Jacks</b>  | <b>Animal Crackers</b>   | <b>Vanilla Yogurt with<br/>Graham Crackers</b>             |




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**elmwood franklin school**  
**December 19-23 Lunch Menu**

|  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday                                    |
|--|--|---|--|--|---|
|   | <b>Stuffed Shells**</b><br><br>Seasoned Peas<br>Garlic Bread | <b>Taco Tuesday**</b><br><br>Street Corn<br>Black Beans | <b>Swedish Meatballs**</b><br><br>Cucumber Slices<br>Mashed Potatoes | <b>BBQ Chicken Pizza**</b><br><br>Roasted Vegetable Blend<br>Curly Fries | <b>School Closed—<br/>Happy Holidays!</b> |
|   | Stuffed Portobello   | Italian Chopped Salad**                                 | Mediterranean Pita   | Greek Salad**  |   |
|   | Garden Vegetable on Kaiser Roll**                            | Chicken Ranch Wrap                                      | Tuna BLT**   | Italian Combo Sub**  |   |
|  | Corn Chowder**<br><br>Salad Bar<br>Fresh Fruit               | Chili con Carne**<br><br>Salad Bar<br>Fresh Fruit       | Chicken and Rice**<br><br>Salad Bar<br>Fresh Fruit                   | Vegetable Soup **<br><br>Salad Bar<br>Fresh Fruit                        |   |
| <b>Mid-Morning Snack^</b>  | Potato Chips   | Carrots with Ranch                                      | Graham Crackers  | Granola Bars   |   |

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# elmwood franklin school

## January 9-13 Lunch Menu

|  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|--|---|---|--|--|
|   | <b>Meatball Sub**</b><br><br>Sweet Peas<br>French Fries  | <b>Chipotle Chicken Bowl**</b><br><br>Chili Black Beans<br>Cilantro Lime Rice | <b>Beef Pot Roast**</b><br><br>Roasted Vegetables<br>Garlic Mashed Potatoes | <b>Hamburger**</b><br><br>Carrots<br>Seasoned Potatoes   | <b>Spaghetti and Meatballs**</b><br><br>Broccoli<br>Parmesan Breadsticks |
|   | <b>Cobb Salad**</b>                                      | <b>Strawberry Field Salad**</b>   | <b>Southwestern Burrito</b>   | <b>Vegetable Spring Rolls</b>                            | <b>Lemon Basil Pasta**</b>   |
|   | <b>BLT Wrap</b>  | <b>Fried Bologna with Peppers and Onions</b>                                  | <b>Caesar Salad Wrap</b>  | <b>Tuna Salad Wrap</b>                                   | <b>Ham and Swiss on Marble Rye**</b>                                     |
|  | <b>Curry Vegetable**</b><br><br>Salad Bar<br>Fresh Fruit | <b>Chicken Noodle</b><br><br>Salad Bar<br>Fresh Fruit                         | <b>Garden Vegetable**</b><br><br>Salad Bar<br>Fresh Fruit                   | <b>Chicken Chowder**</b><br><br>Salad Bar<br>Fresh Fruit | <b>Chicken Gumbo**</b><br><br>Salad Bar<br>Fresh Fruit                   |
| <b>Mid-Morning Snack^</b>  | <b>Yogurt Parfait</b>                                    | <b>Rice Chex</b>  | <b>Sun Chips</b>  | <b>Benefit Bar</b>                                       | <b>Carrots with Ranch</b>  |

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