







elmwood franklin school

February 6-10 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Penne with Marinara^{*v} and Meatballs Sweet Peas ^{*v} Garlic Parmesan Sticks ^v	Beef Tacos[*] Corn ^{*v} Cilantro Lime Rice ^{*v}	Beef Stroganoff[*] Egg Noodles ^{*v} Italian Mixed Vegetables ^{*v}	Pizza with Pepperoni[*] or Cheese^v Broccoli ^{*v} Tater Tots ^{*v}	Hamburgers[*] Fries ^{*v} Carrots ^{*v}	<p>* = GF / DF Meal Substitution Available (Upon Request)</p> <p>Daily Deli Sandwich Options^{**} Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap <i>**Due to supply shortages, deli turkey is currently unavailable.</i></p> <p>Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit</p>
	Turkey Burger [*]	Black Bean Patty ^v	Marinated Portobello Sandwich ^{*v}	Lemon Tilapia [*]	Pesto Penne ^v	
	BLT Wrap [*]	Ham and Swiss on Marble Rye [*]	Roast Beef Sandwich [*] with Pepper Jack Cheese	Chicken Ranch Pita	Hummus Wrap ^{*v}	
	Chicken Noodle	Beans and Greens ^{*v}	Lemon Chicken Soup [*]	Creamy Potato ^v	Corn Chowder ^v	
Mid-Morning Snack[^]	Graham Crackers	Yogurt Parfait	Cheez-It Baked Crackers	Sun Chips	Goldfish Crackers	

*** Gluten-free and Dairy-free meal substitution upon request.**

^v = Vegetarian option

[^] Gluten-free (GF) and dairy-free (DF) snack alternatives are provided daily, as needed.





Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten, and eggs.

Please check with your Chef Manager with any questions.



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February 13-17 Lunch Menu

	Monday	Tuesday	Henry J. '25 Head for the Day! Wednesday	Thursday	Friday	<p>* = GF / DF Meal Substitution Available (Upon Request)</p> <p>Daily Deli Sandwich Options** Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap **Due to supply shortages, deli turkey is currently unavailable.</p> <p>Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit</p>
	Grilled Cheese Sweet Potato Fries* ^v Cauliflower* ^v	Baked Feta Pasta with Tomatoes ^v Breadstick ^v	French Toast ^v Home Fries* ^v Chicken Sausage*	BBQ Pulled Pork Sammy * Peas* ^v Garlic Bread ^v	Orange Chicken Rice* ^v Broccoli* ^v	
	Veggie Burger ^v	Lemon Tilapia*	Egg Frittata* ^v	Veggie Flat Bread Pizza* ^v	Falafel ^v	
	Roast Beef Sandwich*	Loaded Veggie Wrap* ^v	English Muffin with Egg and Cheese* ^v or Sausage*	Ham and Salami Focaccia*	Tuna Salad Wrap*	
	Roasted Tomato Soup* ^v	Chicken and Rice Soup*	Loaded Potato ^v	Italian Wedding	Curried Butternut Squash ^v	
Mid-Morning Snack [^]	Rice Chex	Blueberry Muffin	Worms in Dirt	Multi-Grain Cheerios	Belly Bears	

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February 20-24 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	School Closed—President's Day		Chicken Tenders Broccoli * ^v Steak Fries * ^v	Cheese Tortellini * ^v Corn* Mashed Potatoes	Bahn Mi Chicken on a Bun * (Chicken, Pickles, Pickled Carrots, Cucumber, and Radish) Garden Vegetables * ^v	<p>* = GF / DF Meal Substitution Available (Upon Request)</p> <p>Daily Deli Sandwich Options** Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap **Due to supply shortages, deli turkey is currently unavailable.</p> <p>Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit</p>
		Portobello Stuffed Mushroom * ^v	Flat Bread Greek Pizza * ^v	Egg Salad Wrap * ^v		
		Italian Sausage Hoagie *	Chicken Caesar Salad	Potato and Cheddar Pierogi ^v		
		Chili*	Cheesy Potato ^v	French Onion ^v		
Mid-Morning Snack [^]		Apple Oat Bar	Yogurt Parfait	Apple Slices and String Cheese		

* **Gluten-free and Dairy-free meal substitution upon request.**





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February 27 – March 3 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Popcorn Chicken in Bang-Bang Sauce Rice ^{*V} Vegetables ^{*V}	Meatball Sub[*] Roasted Potatoes ^{*V} Peas and Carrots ^{*V}	Korean Beef Bowl[*] Rice ^{*V} Broccoli ^{*V}	Bruschetta Chicken[*] Green Beans ^{*V} Breadstick ^V	Pizza with Cheese^{*V} or Pepperoni Carrots and Celery ^{*V}	<p>* = GF / DF Meal Substitution Available (Upon Request)</p> <p>Daily Deli Sandwich Options^{**} Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap <i>**Due to supply shortages, deli turkey is currently unavailable.</i></p> <p>Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit</p>
	Basil Pesto Penne ^V	Corn and Bean Burrito ^V	Greek Chicken [*]	Falafel ^V	Turkey Burger [*]	
	Roast Beef Sandwich [*]	Corned Beef and Swiss on Marble Rye [*]	Black Bean Burger ^V	Ham and Cheddar with Honey Mustard [*]	Tuna Wrap ^{*V}	
	Loaded Cauliflower ^V	Cheeseburger Soup	Stuffed Pepper [*]	Chicken Noodle	Cream of Broccoli ^V	
Mid-Morning Snack[^]	Jungle Crackers	Pretzels	Fruit and Cheese Sticks	Goldfish Crackers	Salsa Sun Chips	

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