



## Lunch Menu January 4-8

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée/Featured Sandwich</b>	Italian Assorted on Focaccia with Basil Pesto Aioli	Caprese Sandwich on Ciabatta	Chicken Caesar Salad	Roast Beef and Cheddar Sub	Veggie Pizza/ Four Cheese Pizza
<b>Lunch Sides</b>	Apple Carrots Baked Chips	Pineapple Pasta Salad with Pepperoni Benefit Bar	Oranges Sliced Cucumbers Heartzels	Grapes Broccoli Teddy Grahams	Celery Sticks Cookie
<b>Mid-Morning Snack</b>	Rice Chex	Goldfish	Whole Grain Muffins	Yogurt with Fruit	Cheddar Popcorn

## Lunch Menu January 11-15

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée/Featured Sandwich</b>	Buffalo Chicken with Cheddar	BLT Wrap	Roasted Red Pepper Hummus Pita	Tuna Salad Wrap	Pepperoni Pizza/ Cheese Pizza
<b>Lunch Sides</b>	Mandarin Oranges Tomato Salad Graham Crackers	Diced Pears Three Bean Salad Kettle Chips	Pineapple Sliced Cucumbers Cheddar Rice Cake	Grapes Celery Sticks Oat Bars	Pasta Salad Cookie
<b>Mid-Morning Snack</b>	Gold Fish	Graham Crackers with Fruit	Multigrain Cheerios	Pretzels and Cheese Sticks	US: Carrots with Ranch LS: Carrots with SunButter

*Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten and eggs. Please check with management before consuming any products if you have any sensitivity or allergy to any of these food items.*



# elmwood franklin school

## Lunch Menu January 18-22

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée/Featured Sandwich</b>	<b>SCHOOL CLOSED— MLK, Jr. Day</b>	<b>Cobb Salad (Eggs, Tomato, Chopped Bacon, Avocado, and Monterey Jack Cheese) with Italian dressing</b>	<b>Ham and Cheddar with Honey Mustard on a Pretzel Roll</b>	<b>Cali Sandwich (Tomato, Cucumber, Carrot, and Avocado with a Cream Cheese Spread)</b>	<b>Sausage with Peppers and Onion Pizza/ Cheese Pizza</b>
<b>Lunch Sides</b>		Diced Peaches Celery Sticks Baked Chips	Apple Cucumber Salad Benefit Bar	Diced Pineapple Tomato Salad Caramel Rice Cake	Carrots Brownie
<b>Mid-Morning Snack</b>		Pretzels and Cheese Sticks	Multigrain Cheerios	Banana	Apple Slices with Sunbutter

## Lunch Menu January 25-29

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée/Featured Sandwich</b>	<b>Curry Chicken Pita</b>	<b>Roast Beef and Swiss On Ciabatta</b>	<b>Southwest Salad with Cilantro Lime Vinaigrette</b>	<b>Veggie Burrito</b>	<b>Pepperoni Pizza/ Cheese Pizza</b>
<b>Lunch Sides</b>	Oranges Broccoli Florets Heartzels	Pineapple Zucchini Slaw Whole Grain Nacho Chips	Diced Pears Pasta Salad with Pepperoni Caramel Rice Cakes	Diced Peaches Celery Sticks Benefit Bar	Potato Salad Cookie
<b>Mid-Morning Snack</b>	Rice Chex	Yogurt with fruit	Cinnamon Raisin Bagel	Pretzels and Cheese Sticks	Whole Grain Muffins

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**Additional Options Available Daily:**

Turkey Sandwich

SunButter Sandwich

SunButter and Jelly Sandwich

Cheese Sandwich

Hummus Wrap (Vegetarian and Sesame-Free)