







elmwood franklin school

January 9-13 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Meatball Bomber Sweet Peas* French Fries*	Mexican Chicken Bowl* Chili Black Beans* Cilantro Lime Rice*	Beef Pot Roast* Mixed Vegetables* Garlic Mashed Potatoes	Hamburger* Carrots* Seasoned Potatoes	Chicken Tenders Sweet Potato Fries* Corn O'Brien*	Daily Deli Sandwich Options** Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap **Due to supply shortages, deli turkey is currently unavailable. Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit
	Cobb Salad*	Southwestern Burrito	Strawberry Field Salad*	Vegetable Spring Rolls	Lemon Basil Pasta*	
	BLT Wrap	Fried Bologna with Peppers and Onions*	Caesar Salad Wrap	Tuna Salad Wrap	Ham and Swiss Sandwich*	
	Curry Vegetable*	Chicken Noodle	Garden Vegetable*	Chicken Chowder*	Italian Meatball	
Mid-Morning Snack [^]	Apple Slices and Sunbutter*	Rice Chex*	Goldfish	Graham Crackers and Cheese Sticks	Benefit Bar	

* **Gluten-free and dairy-free** meal substitution available upon request.





[^] **Gluten-free and dairy-free** snack alternatives are provided daily, as needed.

Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten, and eggs.
 Please check with your chef manager if you have sensitivity or allergy to any of these food items.



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January 16-20 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	SCHOOL CLOSED— MLK, Jr. Day	Pasta and Meatballs*	Italian Sausage with Peppers and Onions	Orange Chicken*	Pulled Pork Sandwich*	Daily Deli Sandwich Options** Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap **Due to supply shortages, deli turkey is currently unavailable.
		Broccoli* Parm Breadsticks	Roasted Potatoes* Green Beans*	Rice* Broccoli*	Tater Tots* Cauliflower*	
		Veggie Burger	Pasta with Red Sauce*	Lemon Tilapia*	Stuffed Portobello*	
		BBQ Chicken Sandwich*	Buffalo Chicken Wrap	Egg Salad Pita*	Tuna BLT*	
Mid-Morning Snack[^]		Pasta Fagioli	French Onion	Chicken Gnocchi	Beef Vegetable*	
		Goldfish	Belly Bears	Sun Chips	Vanilla Yogurt Parfait	Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit

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January 23-27 Lunch Menu





	Monday	Tuesday	Wednesday	Thursday	Friday	
	French Toast Sticks Sausage Links* Home Fries*	Korean Beef Bowl with Rice* Broccoli*	Meat Ravioli* Garlic Bread Green Beans*	Teriyaki Chicken* Rice* Carrots*	Chicken Tender Sub Celery and Carrots*	Daily Deli Sandwich Options** Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap **Due to supply shortages, deli turkey is currently unavailable. Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit
	Egg Frittata*	Southwestern Crusted Tilapia*	Mediterranean Rice Bowl*	Roasted Red Pepper Pesto Pasta	Chicken Souvlaki*	
	English Muffin with Egg and Sausage*	Buffalo Chicken Wrap	Falafel Pita	Loaded Hummus Wrap	Italian Hoagie*	
	Tomato Basil*	French Onion	Chicken Gumbo	Garden Vegetable*	Cheesy Potato	
Mid-Morning Snack[^]	Rice Chex*	Muffins	Jungle Crackers	Sun Chips	Graham Crackers and Cheese Sticks	

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January 30-February 3 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Tomato Bruschetta Chicken* Mixed Veggies* Brown Rice*	Chicken Tacos* Tortilla Chips* Toppings*	Meat Ravioli* Garlic Bread Green Beans*	General Tso's Chicken Rice* Carrots*	Philly Cheese Steak on a Roll* Peppers and Onions*	Daily Deli Sandwich Options** Roast Beef Cheese Sunbutter Sunbutter and Jelly Hummus Wrap **Due to supply shortages, deli turkey is currently unavailable. Daily Salad & Fruit Bar Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit
	Italian Crusted Tilapia*	Pasta & Broccoli*	Apple-Cranberry Salad*	Pesto Pasta	Veggie Flatbread	
	Ham & Salami on Focaccia	Veggie Burger	Roasted Veggie Wrap	Egg Salad Pita*	Buffalo Chicken Sandwich	
	Loaded Potato	Tomato Basil*	Chicken Gnocchi	Cream of Mushroom Soup	Chicken Vegetable Rice*	
Mid-Morning Snack[^]	Fruit & Cheese Stick*	Belly Bears	Jungle Crackers	Sun Chips	Pretzels	

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