







# elmwood franklin school

## May 29–June 2 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	<b>SCHOOL CLOSED— Memorial Day</b>	<b>Beef Tacos</b> <sup>GF, DF</sup> Rice <sup>GF, DF, V</sup> Mixed Vegetable <sup>GF, DF, V</sup>	<b>Hamburger</b> <sup>GF, DF</sup> Tater Tots <sup>GF, DF, V</sup> Mexican Street Corn <sup>GF, V</sup>	<b>Hot Dogs</b> <sup>GF, DF</sup> Sweet Potato Fries <sup>GF, DF, V</sup> Baked Beans <sup>GF, DF</sup>	<b>Pepperoni Pizza or Cheese</b> <sup>GF, V</sup> <b>Pizza</b> Dinner Roll <sup>GF, DF, V</sup> Broccoli <sup>GF, DF, V</sup>	<p><b>GF, DF = GF / DF</b> Meal Substitution Available <b>(Upon Request)</b></p> <p><b>V = vegetarian option</b></p> <p><b>Daily Deli Sandwich Options**</b> Roast Beef Cheese Sunbutter and Jelly Hummus Wrap <i>**Due to supply shortages, deli turkey is currently unavailable.</i></p> <p><b>Daily Salad &amp; Fruit Bar</b> Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit</p>
		Avocado Chicken Flat Bread	Chicken Caesar Wrap	Vegetable Frittata <sup>GF, DF, V</sup>	Pasta Primavera <sup>GF, DF, V</sup>	
		Breakfast Sandwich Bagel, Egg, <sup>GF, DF, V</sup> Sausage and Cheese	Vegetable and Cheese Focaccia <sup>V</sup>	Tuna Wrap <sup>DF</sup>	Reuben <sup>GF</sup> Sandwich on Rye Bread	
		Chicken Tortilla Soup <sup>GF, DF</sup>	French Onion	Chicken Noodle <sup>GF, DF</sup>	New England Clam Chowder	
<b>Mid-Morning Snack</b> <sup>A</sup>		Belly Bears	Ritz Crackers and Cheese Stick	Chips	Chef's Choice	

**\*Gluten-free and Dairy-free meal substitution upon request.**





**^Gluten-free (GF) and dairy-free (DF) snack alternatives are provided daily, as needed.**

Menu items may contain ingredients known to cause allergic reactions in some people, including peanuts, tree nuts, soy, milk, seafood, shellfish, wheat/gluten, and eggs. Please check with your chef manager if you have sensitivity or allergy to any of these food items.



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## June 5-9 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	French Toast <sup>v</sup> Home Fries <sup>v, GF, DF</sup> Broccoli <sup>v, GF, DF</sup>	Chef's Pasta Special with Marinara <sup>v, GF, DF</sup> Dinner Roll <sup>GF, DF</sup> Chef's Vegetable <sup>v, GF, DF</sup>	Sloppy Joe Sandwich <sup>GF, DF</sup> Mixed Vegetables <sup>GF, DF</sup> French Fries <sup>v, DF</sup>	Meatball Bomber Chef's Vegetable <sup>GF, DF</sup> Tater Tots <sup>v, GF, DF</sup>	Pepperoni or Cheese <sup>v</sup> Pizza <sup>GF</sup> Carrots <sup>v, GF, DF</sup> Dinner Rolls <sup>v, GF, DF</sup>	<b>GF, DF = Gluten Free and/or Dairy Free</b> Meal Substitution Available <b>(Upon Request)</b>  <sup>v</sup> = <b>vegetarian option</b>  <b>Daily Deli Sandwich Options**</b> Roast Beef Cheese Sunbutter and Jelly Hummus Wrap <b>**Due to supply shortages, deli turkey is currently unavailable.</b>  <b>Daily Salad &amp; Fruit Bar</b> Lettuce Bacon Bits Carrot Sticks Croutons Crumbled Eggs Cucumbers Dressings Olives Pepperoncini Shredded Cheddar Tomatoes Fresh Fruit
	Vegetable Egg Frittata <sup>v, GF, DF</sup>	Lemon Tilapia <sup>GF, DF</sup>	Veggie Burger <sup>v</sup>	Vegetable Flat Bread <sup>v, GF</sup>	Basil Pesto Penne Pasta <sup>v, GF</sup>	
	Breakfast Sandwich Eggo Waffle <sup>v</sup> , Egg <sup>v</sup> and Sausage <sup>GF, DF</sup>	Roast Beef and Cheddar on Marble Rye	Chicken Ranch Pita	Tuna Wrap <sup>DF</sup>	Hummus Wrap <sup>v</sup>	
	Split Pea with Ham	Cream of Broccoli with Cheddar <sup>v, GF</sup>	Ham & Potato Chowder <sup>GF</sup>	Beef and Bean Chili <sup>GF, DF</sup>	Manhattan Clam Chowder <sup>v, GF</sup>	
<b>Mid-Morning Snack<sup>^</sup></b>	Ritz Crackers Cheese Stick	Cheez-It Crackers	Sun Chips	Chef's Choice	Chef's Choice	

<sup>^</sup>Gluten-free (GF) and dairy-free (DF) snack alternatives are provided daily, as needed.

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