



elmwood franklin school




February 2–6 Lunch Menu*

	Monday	Tuesday	Wednesday	Thursday	Friday	
 <i>Feature of the Day</i>	Spaghetti and Meatballs Served with Marinara Sauce Garlic Butter Broccoli Caesar Salad Dinner Rolls GF, DF	Chicken Finger Basket Curley Q Seasoned Fries Roasted Broccoli GF	Braised BBQ Beef Sandwich with Cheddar Cheese Sweet Potato Fries Grilled Vegetable Blend GF, DF	Cheese Tortellini with Marinara Seasoned Fresh Cut Green Beans Garlic Bread Stick Greek Salad GF, DF	NO SCHOOL	<p>*GF = Gluten Free DF = Dairy Free Allergen Meal Substitutions Available (Upon Request)</p> <p>Daily Options Turkey Salami Cheese Sunbutter Sunbutter and Jelly Buttered Noodles</p> <p>NYS Farm Fresh Daily Salad Bar Lettuce Carrots Cucumbers Tomatoes Variety of seasonal produce</p> <p>Salad Bar Toppings: Bacon Bits, Croutons, Crumbled Eggs, Olives, Pepperoncini, Shredded Cheddar, and Assorted Dressings</p> <p>(Menu subject to change)</p>
 <i>Meatless Meals</i>	Eggplant Parmesan Stacks with Marinara and Fresh Basil	Vegetable Pad Thai GF	Black Bean Burgers with Lettuce, Tomato, and Onion GF, DF	Stuffed Italian Seasoned Bell Peppers with Ricotta Cheese Blend and Bread Crumb GF		
 <i>Fresh Made Soups</i>	Italian Wedding	Broccoli Cheddar GF	Chicken and Rice GF, DF	Beef Stew DF		
Mid-Morning Snack Allergen friendly snack alternative is fresh fruit.	Cheese and Crackers	Benefit Bars	Clementines	Sun Chips		

We proudly offer fresh fruit, and local Upstate Farms 1% and skim milk daily.

Please contact Chef Joe at jlattanzio@elmwoodfranklin.org with questions on this menu.





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February 9–13 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <i>Feature of the Day</i>	Fried Asian Rice with Choice of Protein: Egg, Orange Chicken, Mongolian Beef Steamed Broccoli	Lightly Sauced and Breaded Buffalo Chicken Sandwich Shoestring Fries Brussel Sprouts <i>GF, DF</i>	Korean BBQ Beef Boneless Short Ribs Slow Cooked in a Sweet & Savory Sauce Green Beans Mashed Potatoes <i>GF, DF</i>	Grilled Beef Patty Melt with Cheddar on Texas Toast Sweet Potato Waffle Fries Glazed Carrots <i>GF, DF</i>	Chicken Fajitas Served in a Corn Tortilla Sauteed Veggies Seasoned Mexican Beans and Rice All the Fixings <i>GF, DF</i>
 <i>Meatless Meals</i>	Steamed Dumplings <i>DF</i>	Au Gratin Potatoes with Chives	Garden Burger Topped with Lettuce, Tomato, and Onion <i>GF, DF</i>	Grilled Cheese with Cheddar and Roasted Pears on Texas Toast <i>GF</i>	Roasted Vegetable Fajitas Served in a Corn Hard Shell
 <i>Fresh Made Soups</i>	Broccoli Cheddar <i>GF</i>	Baked Potato Soup <i>GF</i>	Split Pea with Ham <i>DF, GF</i>	Tomato Rice <i>DF</i>	Hearty Beef Chili with Kidney and Cannellini Beans <i>GF, DF</i>
Mid-Morning Snack Allergen friendly snack alternative is fresh fruit.	Bagels with Cream Cheese	Cheese Sticks	Mixed Fruit Yogurt	Whole Grain Chocolate Chip Muffins	Grapes

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February 16–20 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <i>Feature of the Day</i>				Baked Glazed Sweet and Sour Meatballs Creamy Mashed Potatoes Sautéed Veggies GF, DF	Fresh Baked Pizza: Selection of Cheese or Pepperoni Seasoned Potato Wedges Vegetable Medley GF, DF
 <i>Meatless Meals</i>		NO SCHOOL		Greek Style Pita Wraps	Falafel Wrap Pita Wrap with Lettuce, Tomato, Onion, Pickled Turnips, and Tahini Sauce GF
 <i>Fresh Made Soups</i>				Minestrone	Buffalo Chicken Soup
Mid-Morning Snack Allergen friendly snack alternative is fresh fruit.				Apple Sauce	Mixed Fruit Snacks

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February 23–27 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <i>Feature of the Day</i>	Italian Sausage Hoagies with Peppers and Onions Roasted Potatoes with Mediterranean Spices Brussel Sprouts GF, DF	Chicken Alfredo Steamed Broccoli Caesar Salad Dinner Rolls GF, DF	Chicken Souvlaki Rice Bowl Greek Potatoes Blanched Green Beans Served with Local Pita Chips and All the Fixings GF, DF	Meatball Bombers Topped with Marinara Sauce Blended Cheeses Sweet Potato Fries Roasted Vegetables GF	Beef and Cheese Tacos Season Mexican Rice Roasted Corn Served with All the Fixings GF, DF
 <i>Meatless Meals</i>	Roasted Vegetable Sliders DF	Variety of Bruschetta and Olive Flatbreads	Greek Salad Rice Bowls GF	Portobello Mushroom Parmesan	Avocado Toast Points DF
 <i>Fresh Made Soups</i>	Chicken Noodle GF, DF	Lemon Lentil GF, DF	Beans and Macaroni with Ham GF	Minestrone	South West Corn Chili
Mid-Morning Snack Allergen friendly snack alternative is fresh fruit.	Apple Slices	Benefit Bars	Issa Pita Chips (Variety of Flavors)	Apple Slices	Grapes

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