





elmwood franklin school
March 2–6 Lunch Menu*

	Monday	Tuesday	Wednesday	Thursday	Friday	
 <i>Feature of the Day</i>	Penna and Meatballs Served with Marinara Sauce Garlic Butter Green Beans Caesar Salad Dinner Rolls GF, DF	Chicken Finger Basket Curley Q Seasoned Fries Roasted Broccoli GF, DF	Baked Glazed Sweet and Sour Meatballs Creamy Mashed Potatoes Sauteed Veggies GF, DF	100% Beef Cheeseburgers Topped with Cheddar Cheese Buttered Pasta Sweet Glazed Carrots GF, DF	Fresh Baked Pizza: Selection of Cheese or Pepperoni Seasoned Potato Wedges Grilled Vegetables GF, DF	<p>*GF = Gluten Free DF = Dairy Free Allergen Meal Substitutions Available (Upon Request)</p> <p>Daily Options Turkey Salami Cheese Sunbutter Sunbutter and Jelly</p> <p>NYS Farm Fresh Daily Salad Bar Lettuce Carrots Cucumbers Tomatoes Variety of seasonal produce</p> <p>Salad Bar Toppings: Bacon Bits, Croutons, Crumbled Eggs, Olives, Pepperoncini, Shredded Cheddar, and Assorted Dressings</p> <p>(Menu subject to change)</p>
 <i>Meatless Meals</i>	Grilled Gnocchi Salad with Grilled Vegetables, Fresh Herbs, and Feta Cheese	BBQ Pulled Mushroom Sandwich with Wild Mushrooms, Sweet BBQ, and Vinegar Slaw DF	Cheesy Asparagus Orzotto with Orzo Pasta, Asparagus, Peas, and Cheese Blend	Falafel Salad Topped with Lettuce, Tomato, Onion, and Pickles GF, DF	Buffalo Style Cauliflower Sliders Topped with Buffalo Sauce Leaf Lettuce and Pickles DF	
 <i>Fresh Made Soups</i>	Italian Wedding GF	Broccoli Cheddar GF	Chicken & Rice GF, DF	Tomato Bisque GF	Lentil Soup with Lemon and Spinach	
Mid-Morning Snack Allergen friendly snack alternative is fresh fruit.	Cheese & Crackers	Benefit Bars	Clementines	Whole Grain Chocolate Chip Muffins	Issa Pita Chips (Variety of Flavors)	




We proudly offer fresh fruit, and local Upstate Farms 1% and skim milk daily.

Please contact Chef Joe at jlattanzio@elmwoodfranklin.org with questions on this menu.



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March 9–13 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>Feature of the Day</i></p>	<p>School Closed</p>	<p>Buffalo Chicken Sandwich with Lightly Sauced Breaded Chicken Breast</p> <p>Shoestring Fries</p> <p>Brussel Sprouts</p> <p style="text-align: center;">GF, DF</p>	<p>Chicken Souvlaki Plate:</p> <p>Marinated Chicken Tenders</p> <p>Greek Potatoes</p> <p>Blanched Green Beans</p> <p>Served with Local Pita Chips and All the Fixings</p> <p style="text-align: center;">GF, DF</p>	<p>Cheese Tortellini with Marinara</p> <p>Seasoned Fresh Cut Green Beans</p> <p>Garlic Bread Sticks</p> <p>Greek Salad</p> <p style="text-align: center;">GF, DF</p>	<p>Chicken Fajita-Style Chicken Over Corn Tortilla</p> <p>Sauteed Veggies</p> <p>Seasoned Mexican Beans & Rice</p> <p>Served with All the Fixings</p> <p style="text-align: center;">GF, DF</p>
 <p><i>Meatless Meals</i></p>		<p>Au Gratin Potatoes with Chives</p> <p style="text-align: center;">GF</p>	<p>Greek Style Pita Wraps</p>	<p>Stuffed Italian Seasoned Bell Peppers with Ricotta Cheese</p> <p style="text-align: center;">GF</p>	<p>Queso Mac and Cheese</p> <p>Served with Fresh Avocado and Lightly Spiced with Mild Banana Peppers</p>
 <p><i>Fresh Made Soups</i></p>		<p>Cream of Mushroom</p> <p style="text-align: center;">GF</p>	<p>Split Pea with Ham</p> <p style="text-align: center;">DF, GF</p>	<p>Beef Stew</p> <p style="text-align: center;">DF</p>	<p>Chicken Tortilla</p> <p style="text-align: center;">GF, DF</p>
<p>Mid-Morning Snack</p> <p>Allergen friendly snack alternative is fresh fruit.</p>		<p>Cheese and Crackers</p>	<p>Mixed Fruit Yogurt</p>	<p>Sun Chips</p>	<p>Grapes</p>




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March 16–20 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>Feature of the Day</i></p>	<p>Pasta and Peas with Chicken Ditalini Pasta Tossed in an Olive Oil Sauce Blanched Green Beans French Baguette GF, DF</p>	<p>Corned Beef Lunch: Corned Beef Roulettes Stuffed with Swiss Cheese and Sauerkraut Steamed Cabbage Boiled Potatoes GF, DF</p>	<p>Chicken Alfredo Steamed Broccoli Dinner Rolls Served with Caesar Salad GF, DF</p>	<p>Beef and Cheese Tacos Season Mexican Rice Roasted Corn Served with All the Fixings GF, DF</p>	<p>School Closed</p>
 <p><i>Meatless Meals</i></p>	<p>Butter Beans with a Tomato Blush Sauce and Fresh Basil GF, DF</p>	<p>Mushroom Pot Pie Over Warm Biscuits</p>	<p>Spaghetti Squash Pomodoro with Seasoned Squash and Topped with a Fresh Basil Tomato Sauce GF, DF</p>		
 <p><i>Fresh Made Soups</i></p>	<p>Escarole & Beans GF</p>	<p>Cream of Potato with Scallions GF</p>	<p>Italian Wedding</p>	<p>Minestrone</p>	
<p>Mid-Morning Snack Allergen friendly snack alternative is fresh fruit.</p>	<p>Toasted Croissants with Butter</p>	<p>Blueberry Muffins</p>	<p>Cheez-Its</p>	<p>Apple Sauce</p>	

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March 23–27 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <i>Feature of the Day</i>	Italian Sausage Medley: Mild Thin Sliced Italian Sausage Tossed with Peppers, Onions, and Potatoes Blanched Green Beans Caesar Salad Dinner Rolls GF, DF	Baked Orange Chicken Fried Rice with Peas and Carrots Steamed Broccoli GF, DF	Grilled Cheese and Ham on Texas Toast with Cheddar Cheese Buttered Shell Pasta Mixed Vegetables	Meatball Bombers Topped with Marinara Sauce Blended Cheeses Sweet Potato Fries Roasted Vegetables GF	Fresh Baked Pizza: Selection of Cheese or Pepperoni Seasoned Potato Wedges Grilled Vegetables GF, DF
 <i>Meatless Meals</i>	Roasted Vegetable Sliders DF	Steamed Dumplings over White Rice DF	Au Gratin Potatoes with Gruyere Cheese and Scallions GF	Portobello Mushroom Parmesan GF	Avocado Toast Points DF
 <i>Fresh Made Soups</i>	Chicken Noodle GF, DF	Lemon Lentil GF, DF	Beans and Macaroni GF	Minestrone	South West Corn Chili
Mid-Morning Snack Allergen friendly snack alternative is fresh fruit.	Apple Slices	Benefit Bars	Issa Pita Chips (Variety of Flavors)	Apple Slices	Grapes

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