






elmwood franklin school





November 4 – 8 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><i>Feature of the Day</i></p> 	<p>Diwali Celebration</p> <p>“Butter” Chicken</p> <p>Basmati Rice Mixed Veggies</p> <p>DF, GF</p>	<p>Penne Pasta with Meatballs (Beef/Chicken)</p> <p>Roasted Broccoli ^{GF} _{DF}</p> <p>GF, DF pasta available</p>	<p>Maddoc & Zac Collins Heads for the Day!</p> <p>Hot Dog on a Bun</p> <p>French Fries Broccoli ^{GF, DF}</p> <p>GF bun & French fries available</p>	<p>Chicken Stir Fry over Steamed Rice</p> <p>Stir Fried Veggies</p> <p>DF, GF</p>	<p>Pepperoni (Pork) or Cheese Pizza,</p> <p>Baked Tator Tots ^{GF} _{DF}</p> <p>Green Beans ^{GF, DF}</p> <p>GF, DF crust available, and DF cheese available</p>	<p>GF = Gluten Free DF = Dairy Free Allergen Meal Substitutions Available (Upon Request)</p> <p>Daily Deli Options Turkey Pepperoni (pork) Cheese Sunbutter Sunbutter & Jelly</p> <p>NYS Farm Fresh Daily Salad Bar Lettuce Carrots Cucumbers Tomatoes Variety of seasonal produce</p> <p>Salad Bar Toppings: Bacon Bits, Croutons, Crumbled Eggs, Olives, Pepperoncini, Shredded Cheddar & Assorted Dressings</p> <p>(Menu subject to change)</p>
 <p><i>Meatless Meals</i></p>	<p>Black Bean Burger With Red Onion & Spinach</p> <p>DF</p>	<p>Greek Flatbread</p> <p>GF Greek Salad available, DF if no cheese or sauce</p>	<p>Portobella Mushroom Sandwich With Spinach & Roasted Red Pepper</p> <p>DF GF bun available</p>	<p>Veggie Quesadilla</p>	<p>Egg & Cheese Sandwich</p> <p>DF if no cheese GF bread available</p>	
 <p><i>Fresh Made Soups</i></p>	<p>Pumpkin Bisque</p> <p>GF</p>	<p>Italian Wedding</p>	<p>Chili</p> <p>GF</p>	<p>Sweet & Sour Cabbage</p> <p>GF, DF</p>	<p>Chicken Noodle</p> <p>GF, DF available</p>	
<p>Snack Allergen friendly snack alternative is fresh fruit.</p>	<p>Mini Bagels & Cream Cheese</p>	<p>Clementines</p>	<p>Chocolate Chip Muffins</p>	<p>Applesauce</p>	<p>Cheese Stick</p>	
<p>We proudly offer fresh fruit, and local Upstate Farms milk daily.</p>	<p>Please contact your Chef Manager in your café with questions on this menu.</p>					



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November 11 – 15 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>Feature of the Day</i></p>		Pulled Pork Potato Skins BBQ Toasted Corn ^{GF, DF} Caesar Salad ^{DF} if no cheese ^{GF} potatoes available, if no croutons	Chicken Finger Basket French Fries ^{GF, DF} Broccoli Florets ^{GF, DF} ^{GF} chicken available	Philly Cheesesteak Pasta with Onions & Peppers Roasted Cauliflower ^{GF, DF} ^{GF} pasta available	Pepperoni (Pork) or Cheese Pizza Seasoned Potato Wedges Corn ^{GF, DF} ^{GF, DF} crust available, ^{GF} potatoes available, and ^{DF} cheese available
 <p><i>Meatless Meals</i></p>	<p>No School Happy Veterans Day!</p> 	Veggie Burger With Lettuce, Tomato & Onion ^{DF}	Falafel ^{GF} (Roasted Chickpea Fritters) Pita With Tomato, Cucumbers, Olives, Feta & Lettuce ^{DF} if no cheese	Pesto Penne Pasta With Spinach & Tomatoes ^{GF} pasta available	Breaded Eggplant Parmesan ^{DF} if no cheese
 <p><i>Fresh Made Soups</i></p>		Escarole & Sausage	Tomato & Orzo	Minestrone ^{GF, DF}	Potato & Corn Chowder ^{GF}
<p>Snack Allergen friendly snack alternative is fresh fruit.</p>		Yogurt Cup	Pretzels	Fresh Fruit	Sun Chips




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November 18 – 22 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>Feature of the Day</i></p>	<p>Chicken Alfredo Pasta With Broccoli GF, DF</p> <p>Dinner Roll</p> <p>GF pasta & roll available</p>	<p>Taco Tuesday!</p> <p>Beef & Cheese Soft Shell Tacos</p> <p>All the traditional fixings!</p> <p>DF if no cheese GF tortilla chips available</p>	<p>Popcorn Chicken Bowl With Mashed Potatoes & Steamed Corn</p> <p>GF chicken finger available</p>	<p>Turkey Day Feast!</p> <p>Roasted Turkey</p> <p>Stuffing Mashed Potatoes Cranberry Green Beans</p> <p>GF if no stuffing, DF if no mashed potatoes</p>	<p>Pepperoni (Pork) or Cheese Pizza</p> <p>Sasoned French Fries Green Beans GF, DF</p> <p>GF, DF crust available, and DF cheese available</p>
 <p><i>Meatless Meals</i></p>	<p>Egg Salad Pita</p> <p>DF</p>	<p>Pasta Primavera With Roasted Veggies</p> <p>GF pasta available</p>	<p>Roasted Veggie Wrap</p> <p>DF</p>	<p>Tofu Wrap With Spring Mix & Veggies</p> <p>DF</p>	<p>Black Bean Burger With Red Onion & Tomato Slices</p> <p>DF</p>
 <p><i>Fresh Made Soups</i></p>	<p>French Onion Soup With Crispy Croutons</p> <p>GF, DF if no cheese or croutons</p>	<p>Southwest Chicken Chowder</p> <p>GF</p>	<p>Wild Mushroom</p> <p>GF</p>	<p>Beans & Greens</p> <p>GF, DF</p>	<p>Chicken Noodle</p> <p>GF, DF available</p>
<p>Snack</p> <p>Allergen friendly snack alternative is fresh fruit.</p>	<p>Mini Bagels & SunButter</p>	<p>Fresh Fruit</p>	<p>Graham Crackers</p>	<p>Goldfish</p>	<p>Yogurt Cup</p>

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November 25 – 29 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>HomeStyle Specialties of the Day</p> <p><i>Feature of the Day</i></p>	<p>Stuffed Shells (Filled With Ricotta Topped With Marinara Red Sauce)</p> <p>Garlic Bread Carrots</p> <p>GF, DF pasta available</p>	<p>Mediterranean Chicken Over Steamed Rice With Greek Inspired Toppings (Tomato, Cucumber, Lettuce, Feta, & Tzatziki)</p> <p>GF DF if no cheese or sauce</p>	<p>No School – Thanksgiving Break!</p> 		
 <p><i>Meatless Meals</i></p>	<p>English Muffin & Egg Sandwich</p> <p>DF if no cheese GF bread available</p>	<p>Tuna Wrap With Lettuce, Tomato, Onion & Cucumbers</p> <p>DF</p>			
 <p><i>Fresh Made Soups</i></p>	<p>Beef Vegetable</p> <p>GF, DF</p>	<p>Vegetable</p> <p>GF, DF</p>			
<p>Snack Allergen friendly snack alternative is fresh fruit.</p>	<p>Grahams</p>	<p>Mini Benefit Bar</p>			

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