elmwood franklin school
November 2–6 Lunch Menu*

	Monday	Tuesday	Wednesday	Thursday	Friday
Feature of the Day Queen City Café	**Penne Pasta Tossed in a Fresh Basil Marinara Served with Chicken Cutlets** Blanched Green Beans GF, DF	**Sweet & Sour Meatballs** Served with Garlic Mashed Potatoes and Sweet Corn GF, DF	**Seasoned Lean Ground Beef Served over Brown Rice & Pinto Beans** Cabbage and Carrot Salad GF, DF	**Emma Snyder Chef for the Day** **French Toast Sticks** Hash Brown Patties Chicken Breakfast Sausage Links	**Pizza Day** **Fresh-Made Cheese or Pepperoni Pizza** Baked French Fries Fresh Mixed Vegetables GF, DF
Herbivore's Haven *Meatless Meals*	Baked Polenta: Baked Cornmeal with Herbs, Cheese Blend, and Hot Tomato Sauce	Roasted Sweet Potatoes with Lentils and Sautéed Spinach GF, DF	Black Bean and Pinto Bean Salad over Rice GF, DF	Stuffed Mediterranean Grape Leaves GF, DF	Assorted Flatbread Pizzas
Simply Soups & Salads *Fresh-Made Soups*	Minestrone	Homestyle Vegetarian Chili GF, DF	Vegetable and Rice GF, DF	Tomato Soup DF	Chicken Noodle GF, DF
Mid-Morning Snack *Allergen-friendly snack alternative is fresh fruit.*	Benefit Bars	Smart Popcorn	Annie's Fruit Snacks	Bagels with Cream Cheese	Applesauce

***GF = Gluten Free**
DF = Dairy Free
Allergen Meal Substitutions Available
(Upon Request)

Daily Deli Options
Ham (pork)
Pepperoni (Turkey)
Cheese
SunButter & Jelly

NYS Farm Fresh Daily Salad Bar
Lettuce
Carrots
Cucumbers
Tomatoes
Variety of seasonal produce
Salad Bar Toppings: Bacon Bits, Croutons, Crumbled Eggs, Olives, Pepperoncini, Shredded Cheddar, & Assorted Dressings

(Menu subject to change)

We proudly offer fresh fruit and local Upstate Farms 1% and skim milk daily.
Please contact Chef Joe at jlattanzio@elmwoodfranklin.org with questions about this menu.

elmwood franklin school
November 9–13 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Queen City Café Homestyle Specials of the Day *Feature of the Day*	**Chicken Finger Plate** Served with Crinkle-Cut Fries and Mixed Vegetables GF, DF	**Chicken Fajita Rice Bowl Served in a Corn Tortilla with Mexican Rice and Seasoned Corn** All the Fixings Available GF, DF	**No School — Veterans Day**	**Cheeseburger Mac and Cheese:** **Shell Pasta Tossed in a Cheddar Cheese Sauce with 100% Lean Beef** Blanched Green Beans Caesar Salad GF, DF	**Pizza Day** **Fresh-Made Cheese or Pepperoni Pizza** Baked French Fries Fresh Mixed Vegetables GF, DF
Herbivore's Haven *Meatless Meals*	Bruschetta Bread Toast Points Meatless Tenders	Black Bean and Corn Fajitas GF, DF		Queso Mac and Cheese with Meatless Protein Option GF, DF	Assorted Flatbread Pizzas
Simply Soups & Salads *Fresh-Made Soups*	Mild Buffalo Chicken Soup	Chicken Tortilla GF, DF		Chicken Noodle GF, DF	Hearty Beef Chili GF, DF
Mid-Morning Snack *Allergen-friendly snack alternative is fresh fruit.*	Annie's Cheddar Crackers	Hot Pretzel Sticks		Clementines	Cheese and Crackers

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elmwood franklin school
November 16–20 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Feature of the Day	**Traditional Beef Stew** Mashed Potatoes Grated Carrot Salad with Broccoli French Baguette GF, DF	**Thanksgiving Feast Day** Roasted Turkey Breast Mashed Potatoes & Gravy Stuffing & Blanched Green Beans Biscuits	**Meatball Hoagies** Baked Meatball Sandwiches with Marinara and Mozzarella. Steak-Cut Fries and Roasted Vegetables GF, DF	**Chicken Patties** Roasted Potatoes Seasoned Green Beans GF, DF	**Pizza Day** **Fresh-Made Cheese or Pepperoni Pizza** Baked French Fries Fresh Mixed Vegetables GF, DF
Meatless Meals	Ratatouille: Thin-layered Slices of Squash, Zucchini, Eggplant, Potato & Tomato GF, DF	Potato and Green Bean Casserole	Vegetarian Meatball Hoagies Spaghetti Squash Pomodoro	Roasted Sweet Potatoes Tossed with Lentils and Spinach GF, DF	Assorted Flatbread Pizzas
Fresh-Made Soups	Creamy Tomato GF, DF	Cream of Potato GF	Vegetarian Chili GF, DF	Butternut Squash Bisque GF	Hearty Beef Chili GF, DF
Mid-Morning Snack *Allergen-friendly snack alternative is fresh fruit.*	Croissants with Butter	Mini Apple Pies	Mixed Berry Fruit Snacks	Green Apples (Granny Smith)	Cheese and Crackers

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elmwood franklin school
November 23–27 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Feature of the Day	**Ground Lean Beef Sandwiches in a Sweet BBQ Sauce** Tater Tots Blanched Green Beans GF, DF	**Organic Chicken Nuggets** Baked Crinkle-Cut Fries Baked Butternut Squash GF, DF	**No School—Thanksgiving Recess**	**No School—Thanksgiving Recess**	**No School—Thanksgiving Recess**
Meatless Meals	Eggplant Parmesan	Lentil and Bean Stew GF, DF			
Fresh-Made Soups	Italian Wedding	Vegetable with Beans GF			
Mid-Morning Snack *Allergen-friendly snack alternative is fresh fruit.*	Clementines	Bagels and Cream Cheese			

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