



elmwood franklin school

November 13-17 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Grilled Cheese^V Sweet Potato Fries <small>GF, DF, V</small> Cauliflower <small>GF, DF, V</small>	Grilled Chicken Sandwich^{GF, DF} Rice <small>GF, DF, V</small> Broccoli <small>GF, DF, V</small>	Hot Dogs (Pork)^{DF,} <small>GF</small> French Fries <small>DF, V</small> Pork and Beans <small>DF, <small>GF</small> </small>	Turkey^{GF, DF} Feast Mashed Potatoes <small>GF, V</small> Stuffing <small>DF,</small> Green Beans <small>GF, DF, V</small> & Gravy	Pepperoni (Pork) or Cheese^V Pizza Carrot Coins <small>GF, DF, V</small> Roasted Potatoes <small>GF, DF, V</small>	<p>GF / DF = Gluten Free, Dairy Free Meal Substitution Available (Upon Request)</p> <p>V = Vegetarian</p> <p>Daily Deli Options Turkey Pepperoni (pork) Cheese Sunbutter Sunbutter & Jelly</p> <p>Daily Salad Bar Lettuce Bacon Bits Carrots Croutons Crumbled Eggs Cucumbers Olives Pepperoncini Shredded Cheddar Tomatoes Assorted Dressings</p>
	Veggie Burger ^V	Chickpea Curry Wrap <small>GF, DF, V</small>	Egg Salad Pita ^V	Roasted Red Pepper Pasta <small>GF, DF, V</small>	Veggie Flat Bread <small>GF, DF, V</small>	
	Tomato Basil Soup ^V	Lemon Chicken Soup <small>GF, DF</small>	Loaded Potato (Pork) Soup	Italian Wedding (Beef) Soup	Manhattan Clam Chowder <small>GF, DF</small>	
Mid-Morning Snack[^]	Sliced Orange Smiles	Whole Grain Blueberry Muffin	Yogurt Cup	Whole Grain Banana Oat Bar	Belly Bears	

[^]Allergen friendly snack alternative is fresh fruit.

Fresh fruit provided at lunch daily.



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November 20-24 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Beef on Weck Roll <small>DF, V</small> French Fries <small>DF, V</small> Corn <small>GF, DF, V</small>	Cheese Tortellini with Red Sauce <small>V</small> Steamed Peas <small>GF, V</small> Garlic Bread Stick				<p>GF / DF = Gluten Free, Dairy Free Meal Substitution Available (Upon Request)</p> <p>V = Vegetarian</p> <p>Daily Deli Options Turkey Pepperoni (pork) Cheese Sunbutter Sunbutter & Jelly</p> <p>Daily Salad Bar Lettuce Bacon Bits Carrots Croutons Crumbled Eggs Cucumbers Olives Pepperoncini Shredded Cheddar Tomatoes Assorted Dressings</p>
	Marinated Tofu Steak <small>GF, DF, V</small> Sandwich	Vegetable Provolone <small>V</small> Focaccia		Thanksgiving Recess		
	Beef Chili <small>GF, DF</small>	Butternut Squash <small>GF, DF, V</small>				
Mid-Morning Snack [^]	Carrot Sticks and Ranch	Cheese Stick				

^Allergen friendly snack alternative is fresh fruit.

Fresh fruit provided at lunch daily.